

# HEALTHCARE STUDY GUIDE

## DIALYSIS TECHNICIAN YEAR 3 SPECIALTY PRACTICE

**250 EXAM PREP QUESTIONS,  
WITH EXPLAINED ANSWERS**



LEARNERS | PRACTITIONERS | EDUCATORS

[HealthcareStudyGuide.com](https://HealthcareStudyGuide.com)

UNITY CREST SOLUTIONS INC.

## Who Is Healthcare Study Guide For

Healthcare Study Guide is a professional-grade study and review resource for healthcare workers across the United States and Canada. Whether you're preparing for a certification exam, re-entering the workforce, or transitioning into a new role or specialty, this guide is designed to help you test your knowledge, reinforce critical concepts, and build career confidence.

This guide can be used for exam preparation, knowledge review, and independent study. It is suitable for a wide range of professionals who need to refresh, refine, or benchmark their understanding of core healthcare topics.

It is not a substitute for accredited coursework or formal clinical training, and does not replace regulatory, licensing, or board-approved materials. Rather, it is meant to complement your preparation, offering structured support and insight as you work toward your goals.

## Who We Serve

### 1. Internationally Trained Healthcare Professionals

You've completed your education and worked in your home country. Now you're preparing to meet Canadian or U.S. standards. This guide helps you align your clinical knowledge with North American expectations.

### 2. Licensed Nurses, Paramedics, and Allied Health Workers Advancing Their Roles

Whether you're moving from general practice to a specialty field, taking on leadership, or preparing for an internal assessment, this guide helps you reinforce foundational knowledge and expand into more advanced thinking.

### 3. Returning Healthcare Professionals

If you're re-entering the workforce after time away, this guide is a practical starting point to evaluate what you remember, what's changed, and where to focus next.

### 4. New Graduates Preparing for Exams

You're nearing the end of your formal education, and now it's time to prepare for licensing. Our practice tests and explanations help you study smarter and approach your exams with confidence.

### 5. Healthcare Instructors, Coaches, and Bridge Programs

You need reliable, structured materials to support learners from diverse backgrounds. This guide is suitable for supplemental instruction, assessment tools, and career readiness modules.

## Start Strong. Stay Sharp. Move Forward With Confidence.

Whether you're preparing for exams, transitioning into a new role, or reviewing after time away, *Healthcare Study Guide* gives you the structure and clarity to take your next step. Designed for independent learners, this guide helps you build confidence, reinforce knowledge, and stay aligned with your professional goals.

Explore additional resources, practice tools, and review materials tailored to today's healthcare environment at: [HealthcareStudyGuide.com](https://HealthcareStudyGuide.com)

Certainly! Here's a version that's approximately 20% longer, while maintaining clarity and structure—ideal for filling out the page more fully without being repetitive:



## What Healthcare Study Guide Offers

Whether you're preparing for a certification exam, returning to the field after time away, or stepping into a new clinical role, *Healthcare Study Guide* provides the structure and insight you need to move forward with purpose. Designed to reflect North American clinical standards, this guide gives you a flexible, self-paced tool for reinforcing your knowledge and building confidence.

1. **Structured Study Guides**

Each guide is developed and reviewed by experienced healthcare professionals to align with core competencies across roles and jurisdictions. Content is thoughtfully organized to help learners from diverse educational backgrounds, including internationally trained professionals, navigate complex topics with clarity and focus.

2. **Exam-Style Practice Tests**

Timed, multiple-choice practice exams simulate real testing environments. These allow you to track progress, improve decision-making under pressure, and become more familiar with exam structure, pacing, and question format.

3. **Role-Specific Question Banks**

Our question banks are organized around practical responsibilities and clinical terminology you'll encounter on the job. Whether you're in direct patient care, support services, or administration, the material is crafted to reflect real-world priorities and expectations.

4. **Clinical Answer Rationales**

Each question is followed by a detailed rationale explaining not just which answer is correct, but why it's correct. This supports deeper learning, strengthens clinical reasoning, and encourages critical thinking—especially useful for internationally trained professionals adapting to North American protocols.

5. **Supplemental Review Tools**

You'll also find extra learning material on topics such as infection prevention, patient safety, ethical care, cultural competence, and interprofessional communication. These tools are designed to round out your knowledge and help you better understand the expectations of modern healthcare systems.

## Using This Guide Effectively

This study guide is meant to supplement—not replace—formal education, accredited coursework, or required clinical training. It should be used to enhance your preparation by identifying your strengths, exposing gaps in knowledge, and encouraging repeat engagement with real-world scenarios and test logic.

For best results, we recommend pairing this guide with official reference materials and regulatory frameworks provided by your licensing authority, training institution, or employer. This combined approach ensures that you're not only reviewing the right material but developing a mindset for safe, confident, and effective practice.



## Ready to Take the First Step Toward Career Progression

Whether you're pivoting to a new specialty, re-entering the field, or preparing for certification in the U.S. or Canada, this guide provides a structured foundation for the next step in your healthcare career.

Visit **HealthcareStudyGuide.com** to access additional resources, take full-length practice tests, and explore tools tailored to your role and goals.

## Why Healthcare Study Guide

We believe healthcare education should be practical, affordable, and accessible—whether you're starting a new chapter, transitioning across borders, or stepping into a more advanced role. This guide was built to help you move forward with clarity, confidence, and direction.

This isn't a shortcut. It's a structured, expert-reviewed study and review tool designed to help you assess your knowledge, strengthen clinical reasoning, and focus on what matters most. From practice tests to detailed answer breakdowns, every feature is designed to support real-world preparation—not just academic review.

Use this guide alongside formal coursework, official licensing materials, and clinical experience for the best results.

## Success Stories from Professionals Like You

"I was preparing to return to practice in North America after more than a decade abroad. This guide gave me a clear path to follow. It helped me refocus and regain my confidence before applying for hospital roles."

— Priya D., Registered Nurse

"I used this guide while prepping for a trauma nurse position. The questions pushed me to think beyond memorization and into clinical decision-making. It helped me walk into the interview prepared and focused."

— Daniel H., Licensed Practical Nurse

"I'm an instructor for an international bridging program. We needed something affordable that didn't compromise on depth. The explanations are sharp, the structure is clean, and my students rely on it week after week."

— Tanya W., Clinical Educator

## Ready to Start Your Own Success Story

Whether you're reviewing core skills, preparing for certification, or planning a lateral move—Healthcare Study Guide gives you the tools to move forward with purpose.

Visit **HealthcareStudyGuide.com** to get started today.



## What This Guide Will Teach You

This guide isn't just about reviewing facts. It's about sharpening clinical reasoning, preparing for role-specific expectations, and building confidence as you advance, transition, or requalify in healthcare.

Success in this field demands more than academic knowledge. It requires focus, effort, and a mindset ready for high-pressure decision-making. Here's what to expect:

- 1. Progress takes work**

This guide is a tool—how much you gain depends on how actively you use it. Engaging with questions, reviewing explanations, and retesting weak areas is key to progress.

- 2. The focus is on clinical thinking**

Every question is designed to develop how you think, not just what you know. The answer explanations aren't filler—they're your opportunity to strengthen diagnostic logic, decision-making, and situational awareness.

- 3. It's a supplement, not a stand-alone solution**

This guide is most effective when paired with accredited coursework, current regulatory materials, and hands-on experience. It helps orient your study and fill knowledge gaps—but it's not a replacement for formal training or licensure requirements.

Used consistently, this guide can help you study with more purpose, reduce stress, and show up prepared—whether for an exam, a return-to-practice interview, or a new position in healthcare.

## What This Guide Is—and What It Is Not

Healthcare Study Guide is a structured study resource built to support exam preparation, professional transitions, and independent review. It includes questions, explanations, and scenario-based material designed by professionals to reflect clinical realities in North American healthcare.

However, credentialing and licensure standards vary. This guide does not guarantee certification and is not affiliated with any official regulatory or licensing body.

This is not a substitute for medical education, formal clinical instruction, or hands-on patient care experience. It is meant to complement your preparation—not replace it.

Before using this guide for credentialing purposes, verify current requirements with your licensing authority or relevant governing body.



## Disclaimer

*Healthcare Study Guide* is a supplemental resource for individuals preparing for healthcare-related certification exams, re-entry assessments, or professional development. It is not intended to replace accredited programs, official licensing materials, or supervised clinical training.

This guide is not affiliated with or endorsed by any licensing board, academic institution, certifying agency, or medical organization in Canada, the U.S., or any other jurisdiction. Requirements for certification, licensure, and exams vary significantly between roles and regions. Users are responsible for confirming this guide aligns with their jurisdiction's current standards.

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## Unlock Your Next Step

Whether you're studying for a national exam or re-entering the healthcare field, this guide is designed to move with you—offering practical tools to build confidence and clarity in your next step.

With flexible, self-paced learning built for busy professionals, *Healthcare Study Guide* supports learners at every stage. Visit [HealthcareStudyGuide.com](https://HealthcareStudyGuide.com) for access to practice tests, review tools, and resources tailored to your goals.





# SNOWSITES



**Year 3: Equipment Care, Documentation, and Advanced Patient Support in  
Dialysis Assisting**

**Subject 3. Advanced Patient Support and Emotional Care**

**1. What is a common patient emotion during dialysis?**

- a) Anxiety
- b) Anger
- c) Excitement
- d) Happiness

**Correct Answer: a) Anxiety**

**Explanation:** Dialysis technicians often encounter patients experiencing anxiety due to the nature of long-term treatment. This emotional state can stem from fear of the procedure, health concerns, or the impact on daily life. Understanding this allows technicians to provide better emotional support and reassurance to their patients during treatments.

**2. How can technicians help reduce patient fatigue?**

- a) Increase dialysis time
- b) Provide snacks
- c) Decrease fluid intake
- d) Encourage rest

**Correct Answer: d) Encourage rest**

**Explanation:** Encouraging rest is essential for dialysis patients who often feel fatigued after treatments. Dialysis technicians can facilitate comfort by ensuring patients have a relaxed environment, promoting adequate rest during and after their sessions, and advising on nutrition that can help boost energy levels.

**3. What is an effective communication method?**

- a) Active listening
- b) Using jargon
- c) Short responses
- d) Ignoring concerns

**Correct Answer: a) Active listening**

**Explanation:** Active listening is a key communication technique that dialysis technicians should employ to understand and address patient concerns effectively. By fully engaging with patients, technicians can validate their feelings, provide appropriate responses, and foster trust, leading to a more supportive environment during treatment.





#### **4. Why is patient education important?**

- a) Takes time
- b) Confuses patients
- c) Reduces anxiety
- d) Increases costs

**Correct Answer: c) Reduces anxiety**

**Explanation:** Educating patients about their treatment process significantly reduces anxiety. When dialysis technicians thoroughly explain procedures, potential side effects, and expected outcomes, patients become more informed and empowered, which can alleviate fears and enhance their overall treatment experience.

#### **5. When should technicians assess emotional state?**

- a) During meals
- b) Before treatment
- c) After treatment
- d) Never necessary

**Correct Answer: b) Before treatment**

**Explanation:** Assessing a patient's emotional state before treatment is crucial for dialysis technicians. This allows them to identify any anxiety or frustration that may affect the patient's experience and address these issues proactively, ensuring a more positive treatment environment and improved patient outcomes.

#### **6. What can boost a patient's morale?**

- a) Ignoring feelings
- b) Comparisons
- c) Encouragement
- d) Criticism

**Correct Answer: c) Encouragement**

**Explanation:** Encouragement plays a vital role in boosting a patient's morale during dialysis. Technicians can uplift patients by acknowledging their efforts, celebrating milestones, and providing positive reinforcement. This emotional support fosters resilience and helps patients cope with the challenges of long-term dialysis care.



### 7. How can technicians offer emotional support?

- a) Listening actively
- b) Avoiding eye contact
- c) Giving advice
- d) Rushing through

**Correct Answer: a) Listening actively**

**Explanation:** Active listening is one of the most effective ways for technicians to offer emotional support. By paying close attention to patients' concerns and emotions, technicians can build rapport, validate feelings, and provide appropriate comfort, ensuring patients feel heard and understood throughout their treatment journey.

### 8. What should technicians avoid during interactions?

- a) Judgment
- b) Understanding
- c) Empathy
- d) Patience

**Correct Answer: a) Judgment**

**Explanation:** Dialysis technicians should avoid judgment during patient interactions. Patients may feel vulnerable and anxious, and any perception of judgment can exacerbate their emotional distress. Maintaining a non-judgmental attitude fosters a safe space for patients to express their feelings and concerns openly.

### 9. How can humor help during treatment?

- a) Creates awkwardness
- b) Breaks tension
- c) Distracts from pain
- d) Disregards feelings

**Correct Answer: b) Breaks tension**

**Explanation:** Humor can be a valuable tool for dialysis technicians to break the tension in treatment settings. A light-hearted comment or joke can alleviate anxiety, create a more relaxed atmosphere, and strengthen the patient-technician relationship, making the experience more bearable for patients.



**10. What is essential for effective patient interaction?**

- a) Speed
- b) Silence
- c) Distraction
- d) Patience

**Correct Answer: d) Patience**

**Explanation:** Patience is essential for effective patient interaction in dialysis care. Patients may have many questions or express varying emotions, and taking the time to listen and respond thoughtfully helps build trust. This approach fosters a supportive environment that encourages open communication and better emotional care.

**11. What should technicians offer during treatment?**

- a) Neglect
- b) Disinterest
- c) Distraction
- d) Reassurance

**Correct Answer: d) Reassurance**

**Explanation:** Offering reassurance during treatment is crucial for dialysis technicians. Patients may feel anxious or uncertain, and providing consistent affirmations can help ease their worries. By reassuring patients about the process and their care, technicians can create a more comforting environment and improve their overall experience.

**12. Why is it important to recognize non-verbal cues?**

- a) Enhances communication
- b) Distracts technicians
- c) Confuses patients
- d) Dismisses feelings

**Correct Answer: a) Enhances communication**

**Explanation:** Recognizing non-verbal cues is vital for dialysis technicians as it enhances communication and understanding. Patients may express feelings through body language or facial expressions, which can indicate discomfort or anxiety. By being attentive to these cues, technicians can respond appropriately and provide better emotional support.



**13. What role does empathy play in care?**

- a) Builds trust
- b) Increases tension
- c) Ignores patients
- d) Reduces connection

**Correct Answer: a) Builds trust**

**Explanation:** Empathy plays a significant role in building trust between dialysis technicians and patients. By demonstrating understanding and compassion for their experiences, technicians create a supportive atmosphere where patients feel valued and understood, which can lead to better emotional outcomes during treatment.

**14. How can technicians encourage patient engagement?**

- a) Asking questions
- b) Limiting conversations
- c) Ignoring feedback
- d) Dismissing input

**Correct Answer: a) Asking questions**

**Explanation:** Asking questions is an effective strategy for technicians to encourage patient engagement. By inviting patients to share their thoughts and feelings, technicians foster open dialogue, which helps patients feel involved in their care and more comfortable expressing any concerns or emotions they may have during treatment.

**15. What is a sign of patient frustration?**

- a) Relaxation
- b) Smiling
- c) Aggression
- d) Silence

**Correct Answer: c) Aggression**

**Explanation:** Aggression can be a clear sign of patient frustration during dialysis treatment. Technicians should recognize this behavior as an indication that the patient may feel overwhelmed or upset. Addressing these emotions promptly and sensitively can help alleviate frustration and improve the patient's overall experience.



**16. How can technicians create a calming environment?**

- a) Rushing procedures
- b) Reducing noise
- c) Ignoring discomfort
- d) Increasing activity

**Correct Answer: b) Reducing noise**

**Explanation:** Reducing noise is a crucial step for dialysis technicians in creating a calming environment for patients. A quieter atmosphere can help alleviate anxiety and promote relaxation. This can be achieved by minimizing distractions and maintaining a serene space, allowing patients to feel more at ease during their treatment.

**17. What can help patients express concerns?**

- a) Disregarding input
- b) Monotone responses
- c) Open dialogue
- d) Closed questions

**Correct Answer: c) Open dialogue**

**Explanation:** Open dialogue encourages patients to express their concerns freely. By fostering a welcoming atmosphere where patients feel comfortable sharing their thoughts, dialysis technicians can better understand their needs and emotional states, leading to more effective support and improved patient care during treatments.

**18. How should technicians respond to patient fears?**

- a) Laugh it off
- b) Dismiss concerns
- c) Ignore them
- d) Validate feelings

**Correct Answer: d) Validate feelings**

**Explanation:** Validating a patient's feelings is essential for dialysis technicians when addressing fears. Acknowledging and understanding a patient's emotions can help them feel supported and less alone in their experience. This approach fosters trust and encourages patients to communicate openly about their concerns.



**19. What can enhance patient trust?**

- a) Disinterest
- b) Inconsistency
- c) Neglect
- d) Consistency

**Correct Answer: d) Consistency**

**Explanation:** Consistency in care and communication enhances patient trust in dialysis technicians. When technicians provide reliable information and support, patients feel more secure in their treatment. This trust can empower patients to engage more actively in their care process and express their emotional needs more openly.

**20. What is a helpful technique for managing anxiety?**

- a) Ignoring symptoms
- b) Deep breathing
- c) Avoiding discussions
- d) Rushing through

**Correct Answer: b) Deep breathing**

**Explanation:** Deep breathing is a helpful technique for managing anxiety that dialysis technicians can teach their patients. By practicing deep breathing exercises, patients can calm their nerves and reduce stress during treatments. Technicians can guide patients through these techniques to enhance their emotional well-being while receiving care.

**21. How can technicians identify patient needs?**

- a) Observing behavior
- b) Rushing assessments
- c) Limiting interaction
- d) Ignoring signs

**Correct Answer: a) Observing behavior**

**Explanation:** Observing a patient's behavior is a crucial method for dialysis technicians to identify their needs. Changes in demeanor, body language, or communication can signal discomfort or emotional distress. By being attentive to these signs, technicians can provide timely support and make necessary adjustments to care.





**22. What should technicians do during difficult conversations?**

- a) Rush responses
- b) Raise voices
- c) Stay calm
- d) Dismiss feelings

**Correct Answer: c) Stay calm**

**Explanation:** Staying calm during difficult conversations is essential for dialysis technicians. Maintaining composure helps create a safe space for patients to express their feelings and concerns without fear of escalation. A calm demeanor can facilitate constructive dialogue and promote better emotional support for patients.

**23. What is a key aspect of emotional care?**

- a) Ignorance
- b) Distraction
- c) Dismissal
- d) Understanding

**Correct Answer: d) Understanding**

**Explanation:** Understanding is a key aspect of emotional care that dialysis technicians must prioritize. By taking the time to comprehend patients' feelings and experiences, technicians can offer more personalized support and address emotional needs effectively. This understanding fosters trust and enhances the overall patient experience during dialysis.

**24. How can technicians support family members?**

- a) Excluding concerns
- b) Ignoring them
- c) Limiting access
- d) Providing information

**Correct Answer: d) Providing information**

**Explanation:** Providing information to family members is vital for dialysis technicians as they often play a crucial role in supporting the patient. By sharing relevant details about the treatment process and addressing any concerns, technicians can help families feel included in the care process and mitigate their own anxieties.



**25. What can help foster a positive treatment experience?**

- a) Indifference
- b) Pressure
- c) Compassion
- d) Neglect

**Correct Answer: c) Compassion**

**Explanation:** Compassion is fundamental in fostering a positive treatment experience for dialysis patients. When technicians approach their work with empathy and kindness, patients are more likely to feel understood and supported. This compassionate care can significantly improve patients' emotional well-being and overall satisfaction with their treatment.



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## About the Creators

### Bobby Bedi

Bobby Bedi is a digital strategist and EdTech systems architect with over 30 years of experience building scalable learning platforms. With roots in architecture and digital innovation, he specializes in designing user-focused education tools that blend clean design with powerful infrastructure.

Bobby has led digital transformation initiatives across startups, public companies, and global education ventures. His work centers on making learning more intuitive, accessible, and effective—regardless of a user's background or starting point.

At Healthcare Study Guide, Bobby oversees platform strategy, systems design, and digital experience—ensuring that each product delivers clarity, performance, and long-term value for learners and institutions alike.

### Kris McFarlane

Kris McFarlane is a content strategist, learning designer, and EdTech entrepreneur with two decades of experience building practical, outcome-driven education programs. His background spans business development, curriculum design, and instructional systems—particularly in industries where accessible education is critical to career growth.

Kris has led the development of national study systems used across North America, combining technical accuracy with an understanding of how real people learn. His approach centers on clear, actionable content that meets professionals where they are and helps them move forward—fast.

At Healthcare Study Guide, Kris leads product development and content strategy, ensuring that every module reflects clinical standards while remaining approachable, efficient, and easy to use.

## Work with the Creators

Bobby and Kris bring over 40 years of combined experience in EdTech, curriculum design, and scalable learning systems. Together, they build platforms that make professional education more accessible, more effective, and more aligned with the demands of today's workforce.

To learn more or connect with the Unity Crest Solutions team, visit [UnityCrestSolutions.com](https://UnityCrestSolutions.com).



## About Unity Crest Solutions

At Unity Crest Solutions, our mission is clear: Unite, Educate, and Innovate. We stand at the forefront of technological and educational innovation, solving global business challenges with strategic, cutting-edge solutions. Founded on the core principles of accessibility, efficiency, and continuous improvement, Unity Crest has become a driving force in transforming industries and empowering organizations across diverse sectors.

Our team of visionary leaders—experts in AI development, offshoring strategies, and comprehensive marketing—is committed to delivering tangible results that boost progress and profitability. We specialize in workforce empowerment, offering tailored solutions to equip professionals and organizations with the tools they need to thrive in today's fast-paced global marketplace.

## Unite, Educate, and Innovate

At Unity Crest, we believe in the power of unity and education to drive innovation. By bringing together teams, technology, and knowledge, we empower our clients to seize new opportunities and foster long-term growth.

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- **AI Development & Integration:** Leverage artificial intelligence to optimize your operations, enhance decision-making, and gain a long-lasting competitive edge.
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This resource has been developed to support academic reinforcement and exam readiness, particularly for individuals seeking to assess their baseline understanding or return to practice. It is not a standalone training tool and should never be used in lieu of accredited coursework, hands-on experience, or jurisdictional requirements outlined by your certifying body.

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We strongly recommend that all users consult the official resources provided by their provincial, state, or national regulatory organizations to obtain the most current, accurate, and legally binding information regarding licensing requirements, exam structure, and scope of practice.

Use this guide as a companion—not a replacement—for official training and credentialing pathways.



# Unlock Your Potential with the Healthcare Study Guide

Whether you're preparing for a healthcare certification exam, stepping into a new clinical role, or transitioning from international training into the North American healthcare system, the Healthcare Study Guide is designed to support your next step.

This guide goes beyond memorization. It offers a structured, focused approach to help you review core knowledge, strengthen clinical reasoning, and prepare with confidence. Created for professionals at all stages, it delivers practical insight—without the high cost or complexity of traditional review programs.

## What We Offer

- **Realistic Practice Tests**  
Timed assessments simulate the pace and pressure of real exams, helping you evaluate readiness, sharpen focus, and build test-day confidence.
- **Targeted Question and Answer Sets**  
Engage with questions written by healthcare professionals, aligned with clinical logic and licensing standards in both the U.S. and Canada.
- **In-Depth Explanations**  
Every answer includes a clear, practical rationale—so you understand not just what's correct, but why. It's preparation Designed for clinical application.

Whether you're preparing for licensing, requalification, or a shift in specialty, this guide gives you the tools to move forward—on your own schedule.

## Real Stories from Real Professionals

- "This gave me the structure I needed. After years away from practice, it helped me rebuild confidence and pass my certification."  
— Alina S., Registered Nurse
- "I was preparing to move into emergency care. This guide helped me refocus and sharpen the clinical thinking I needed."  
— Marcus K., Paramedic
- "As a program lead in an international bridge course, I've reviewed dozens of study tools. This is one of the few I continue to recommend."  
— Dr. Elise N., Healthcare Educator

## Take the Next Step in Your Career

Healthcare professionals across North America use this guide to sharpen their knowledge, rebuild confidence, and move into new roles with clarity and purpose. Now it's your turn.

Visit [HealthcareStudyGuide.com](https://HealthcareStudyGuide.com) to access the tools and support designed to help you prepare smarter, faster, and with more confidence.

Your next step starts here.



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